

ABORTION HEALTH AND SAFETY CHECKLIST

- Are you sure you are pregnant?
- Are you sure you have a viable, intrauterine pregnancy? Viable means one that is capable of developing under normal conditions.
- What do you know about abortion procedures and risks?
- What do you know about emotional complications associated with the abortion procedure?
- What do you know about physical complications associated with the abortion procedure?
- Are you feeling pressured to have an abortion?
- Do you know if the abortion clinic will treat you for complications?
- If you need to be hospitalized, does the doctor have hospital privileges?
- Have there been any lawsuits filed against the doctor or the clinic?
- Do you have a sexually transmitted infection right now? Have you been tested?
- What do you know about fetal development?

Women facing an unplanned pregnancy often feel that they just want to get out of the situation as quickly as possible. Abortion can seem like a quick solution, but give yourself time. For your health and safety, the best decision should be based on complete, accurate information. Talk to one of Vida's medical professionals or advocates to help answer all of your questions. This is a very important decision that you have to live with for the rest of your life.

We are here to help you make the best decision.